

Confident to Lead

Strengthening Leadership Self-Efficacy

The transition into leadership is one of the most critical phases in a career. This experience-based learning offering supports new leaders in building the confidence to step into their role, trust their judgment, and take consistent action. Enabling them to grow faster, take ownership, and establish themselves as effective leaders.

Key Outcomes

Participants of this course will:

- Build stronger belief in their ability to lead effectively.
- Increase confidence to act and decide under pressure.
- Recognize and manage moments of leadership self-doubt.
- Take ownership of challenges with greater courage.
- Develop simple strategies to sustain leadership confidence.

Formats	Half-Day <i>virtual</i>	1 Day <i>in-person</i>	2 Day <i>in-person</i>
Leadership Self-Efficacy	●	●	●
Role Plays	●	●	●
Peer Exchange	●	●	●
Emotional Awareness & Regulation	-	●	●
Case Discussions	-	●	●
Leadership Simulation	-	-	●
Insights Sharing	-	-	●
Personal self-efficacy strategy & transfer	●	●	●

Short virtual sessions (1h teaser or 2h foundation) available.

Target Audience

Emerging and first-time leaders stepping into formal leadership roles.

Established leaders who want to lead with more courage and ownership.

Functional Experts transitioning into people-management roles.

High-potential talents preparing for bigger leadership responsibilities.

Group Size
Min 6 / Opt 12 / Max 16

Languages

English / German



Your Facilitator



Skrollan Schwyn

Skrollan Schwyn, is a seasoned leadership and team development expert with over 20 years of experience helping individuals, teams, and organizations realize their full potential. As Managing Director of Kybalion Learning & Development, she develops tailored leadership programs that enable leaders to deliver measurable impact and build sustainable growth. Her approach combines strategic insight with practical, hands-on learning designed for the realities of modern business.

Her background includes lateral leadership roles at AbbVie, where she contributed to international talent and culture development initiatives and strengthened her expertise in cross-functional collaboration and organizational effectiveness. Her experience across global pharmaceutical organizations, manufacturing, software, and academia gives her a broad, credible perspective as a facilitator, advisor, and executive learning partner.

Get Your Individual Proposal

Phone :

+41 78 736 19 09

Email:

skrollan.schwyn@kybalion.com

Web:

www.kybalion.com

Address :

6330 Cham, Switzerland