



Safe Leadership

Creating Psychological Safety in Teams

This course helps leaders understand and create psychological safety so people feel safe to speak up, take risks, and learn from mistakes. Participants learn how to build trust, reduce biases and blockers, and foster open communication in their teams. Through simulations, peer coaching, and real-case discussions, they leave with concrete tools to turn psychological safety into everyday leadership practice.

Key Outcomes

Participants of this course will:

- Understand and apply psychological safety in teams.
- Build trust through everyday leadership behaviors.
- Reduce biases and blockers to speaking up.
- Practice safety through simulations and peer coaching.
- Turn learning into action through reflection and transfer.

Formats	2 Hours <i>virtual</i>	Half Day <i>virtual</i>	1 Day <i>in-person</i>
Psychological Safety	●	●	●
Building Trust	●	●	●
Peer Exchange	●	●	●
Simulation Exercise	-	●	●
Biases & Blockers	-	●	●
Case Discussions	-	-	●
Leadership Challenge	-	-	●
Self-Reflection & Transfer	●	●	●

Target Audience

Leaders and managers
who want to create safer, more open teams.

HR Professionals
supporting performance, culture, and psychological safety.

Project and team leads
guiding cross-functional, high-pressure teams.

High-potential talents
preparing to lead diverse, psychologically safe environments.

Group Size
Min 6 / Opt 12 / Max 16

Languages
English / German



Your Facilitator



Skrollan Schwyn

Skrollan Schwyn, is a seasoned leadership and team development expert with over 20 years of experience helping individuals, teams, and organizations realize their full potential. As Managing Director of Kybalion Learning & Development, she develops tailored leadership programs that enable leaders to deliver measurable impact and build sustainable growth. Her approach combines strategic insight with practical, hands-on learning designed for the realities of modern business.

Her background includes lateral leadership roles at AbbVie, where she contributed to international talent and culture development initiatives and strengthened her expertise in cross-functional collaboration and organizational effectiveness. Her experience across global pharmaceutical organizations, manufacturing, software, and academia gives her a broad, credible perspective as a facilitator, advisor, and executive learning partner.

Get Your Individual Proposal

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